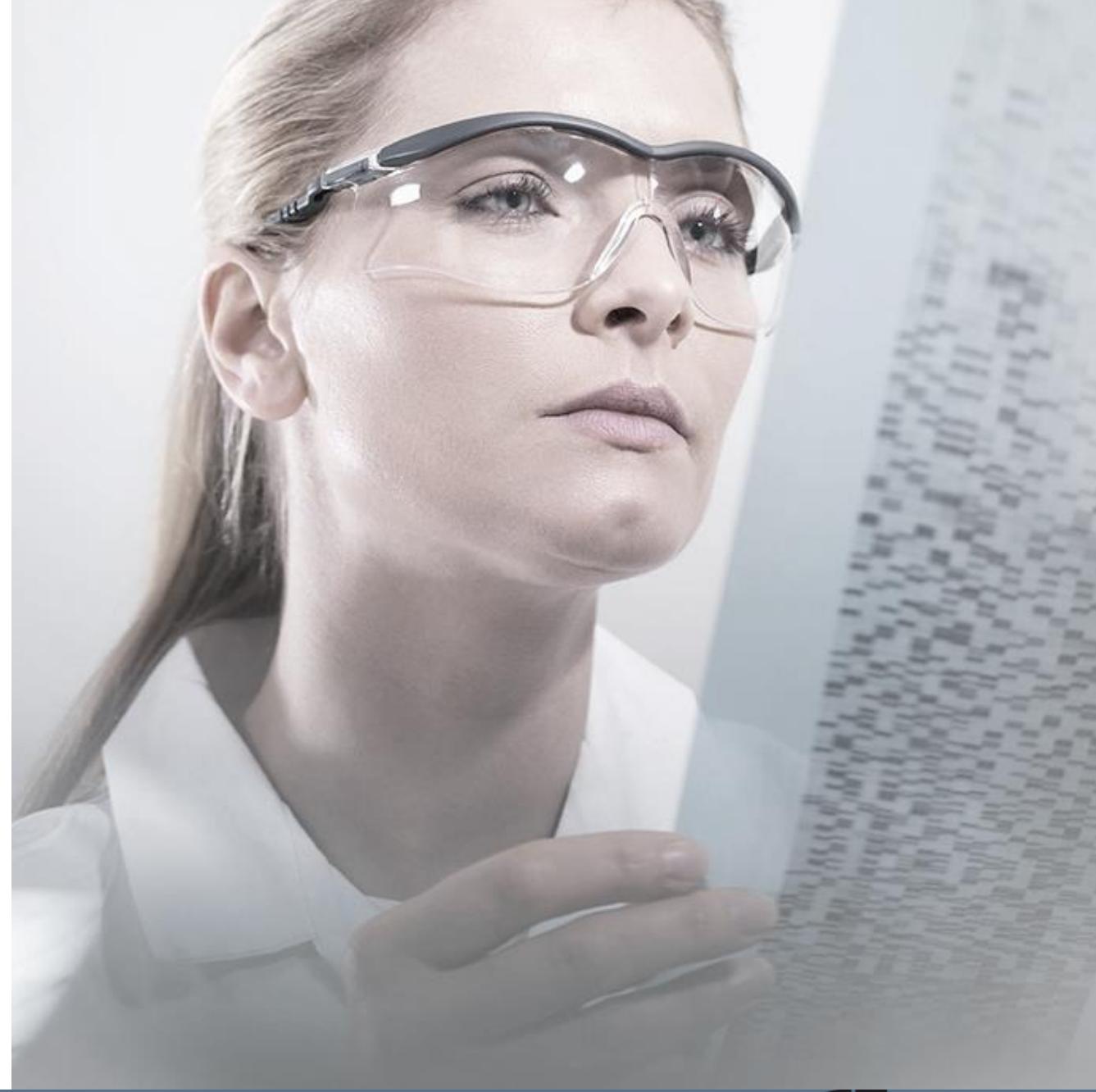




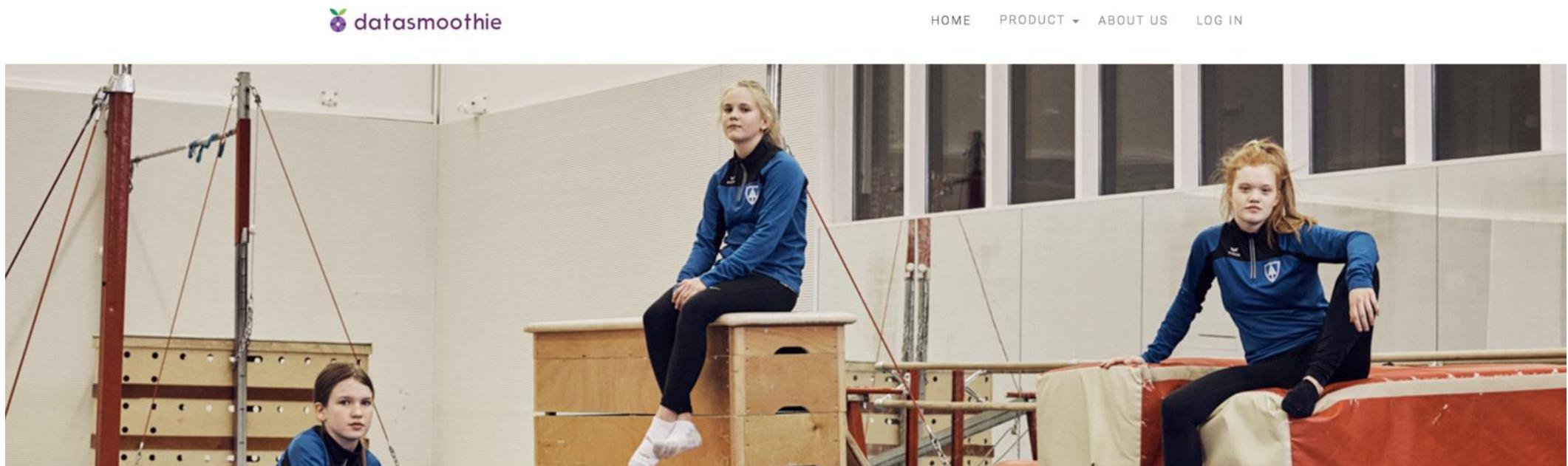
LIFECOURSE:
HEILSA – LÍÐAN – HEGÐUN UNGS FÓLKS
INGA DORA SIGFUSDOTTIR PRÓFESSOR

UNGT FÓLK 1992 – 2017

- 10 – 13 ára
- 14 – 16 ára
- 16 – 20 ára



Data



Open data initiative

Together **Datasmoothie** and the **Icelandic Centre for Social Research and Analysis** are building a platform for the next generation of social research data collaboration.

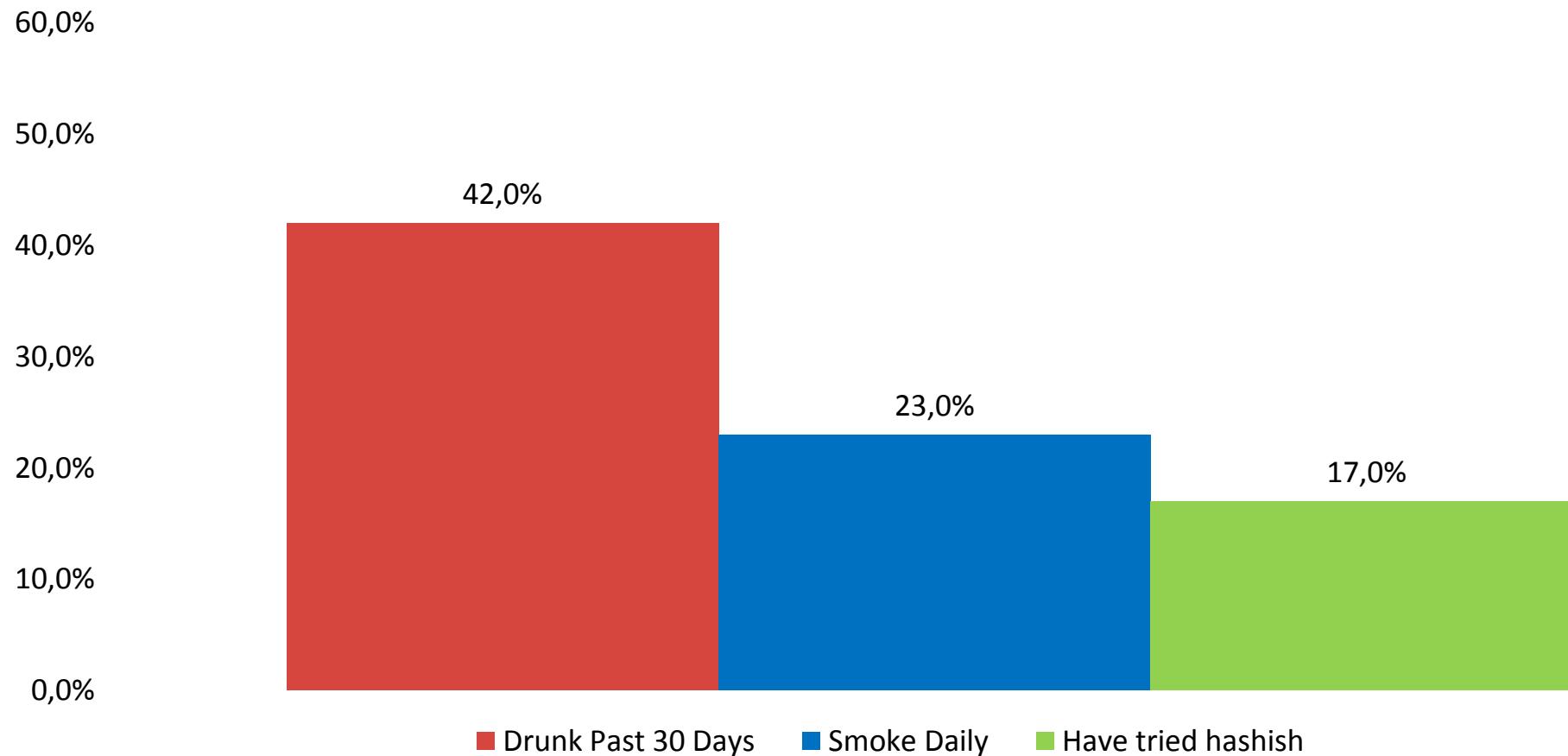
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Upphafsmarkmið

Rannsókna & greiningar

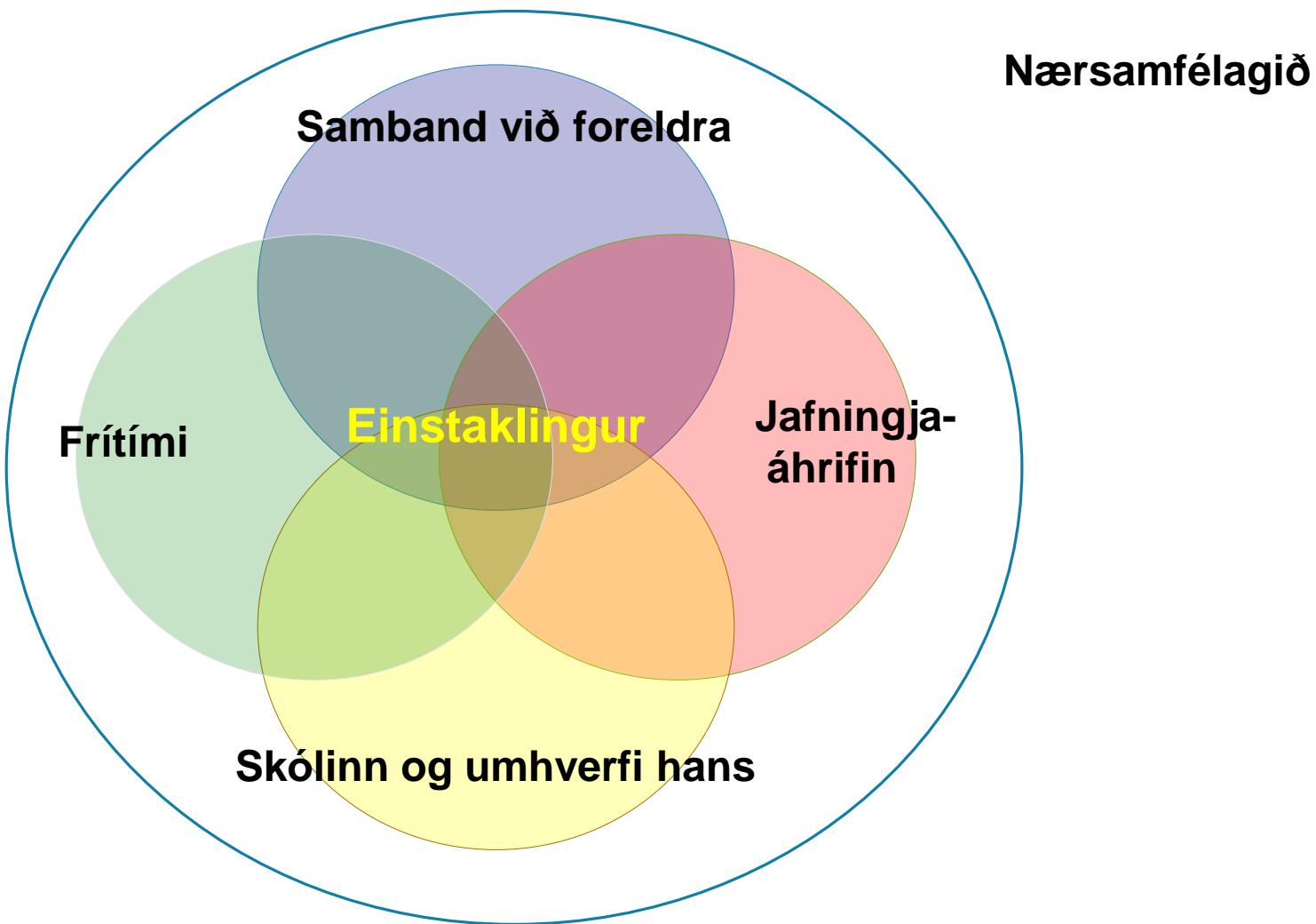
- Sinna þekkingarskópun og útbreiðslu þekkingar á málefnum ungs fólks.
- Nýta þá þekkingu til að hafa áhrif á umhverfi og aðstæður ungs fólks.
- Skapa vettvang til kennslu og uppbyggingar ungra ví sindmanna, sem þar fengju tækifæri til að spreyta sig með öðrum reyndari.

1997: Drukkin síðustu 30 daga, reykja daglega, prófað hass

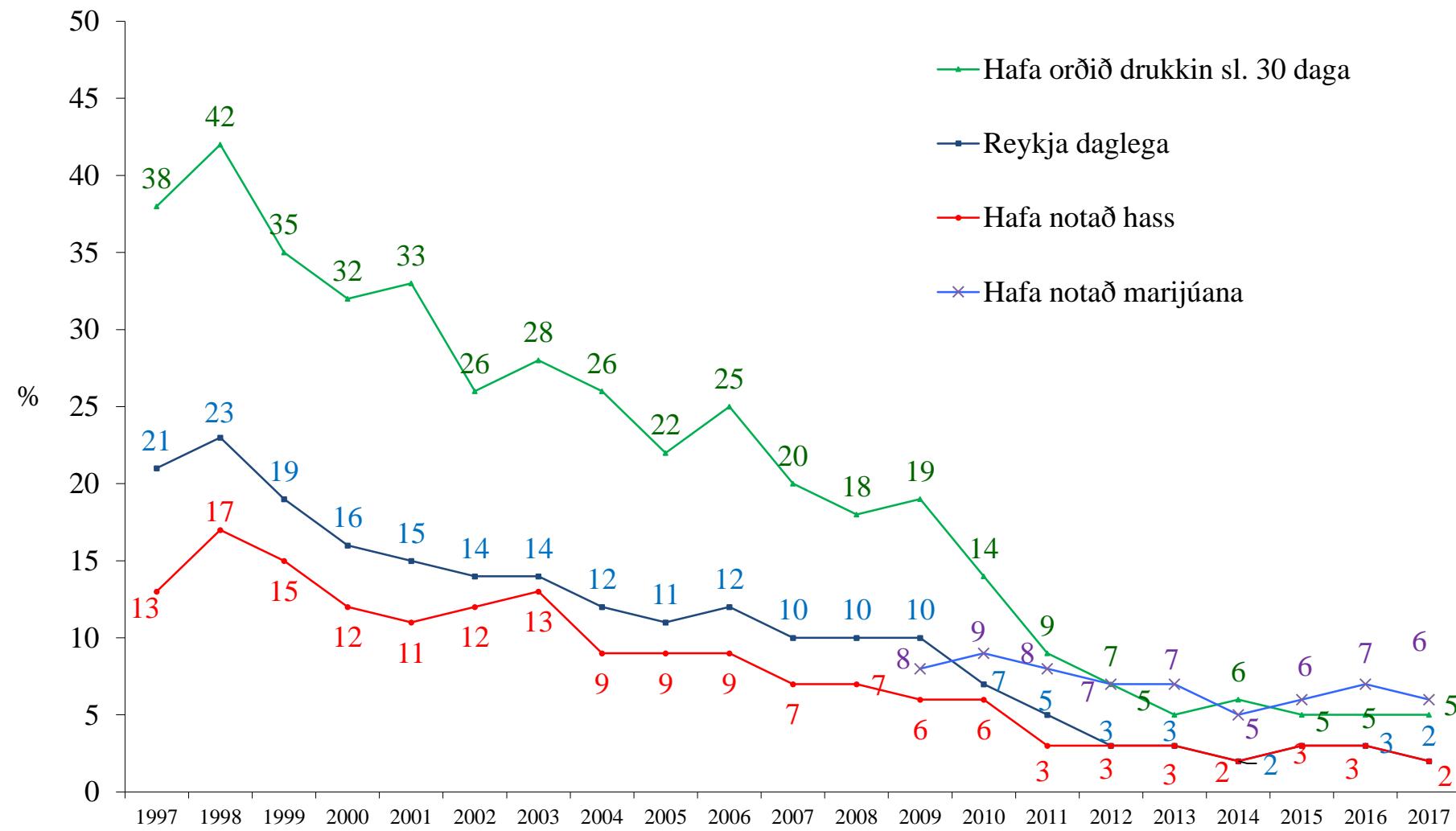




Forvarnarmódelið



Þróun vímuefnaneyslu meðal 10. bekkinga á Íslandi árin 1997-2017







Lifestyle › Health & Families

Iceland knows how to stop teen substance abuse but the rest of the world isn't listening

In Iceland, teenage smoking, drinking and drug use have been radically cut in the past 20 years. Emma Young finds out how they did it, and why other countries won't follow suit

The Atlantic

How Iceland Got Teens to Say No to Drugs

Curfews, sports, and understanding kids' brain chemistry have all helped dramatically curb substance abuse in the country.

EMMA YOUNG | JAN 19, 2017 | [HEALTH](#)

Emma Young | Tuesday 17 January 2017 | [1 comment](#)

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Indy Lifestyle Online





Suicidal ideations and attempts among adolescents subjected to childhood sexual abuse and family conflict/violence: The mediating role of anger and depressed mood

Inga Dora Sigfusdottir^{a, b}, , Bryndis Bjork Asgeirsdottr^a, Gisli H. Gudjonsson^{a, c}, Jon Fridrik Sigurdsson^{a, d}

Health behaviour and academic achievement in Icelandic school children

Inga Dóra Sigfúsdóttir ; Álfgeir Logi Kristjánsson; John P. Allegrante

Health Educ Res (2007) 22 (1): 70-80.

An epidemiological study of ADHD symptoms among young persons and the relationship with cigarette smoking, alcohol consumption and illicit drug use

Gisli H. Gudjonsson, Jon Fridrik Sigurdsson, Inga Dora Sigfusdottir, Susan Young

Promise vs perils of electronic cigarettes

COMMENTARY

Open Access

E-cigarette use and relations to tobacco and alcohol use among adolescents

Álfgeir L Kristjansson^{1,2*} and Inga Dora Sigfusdottir^{2,3,4}



Preventive Medicine

Volume 67, October 2014, Pages 128–133



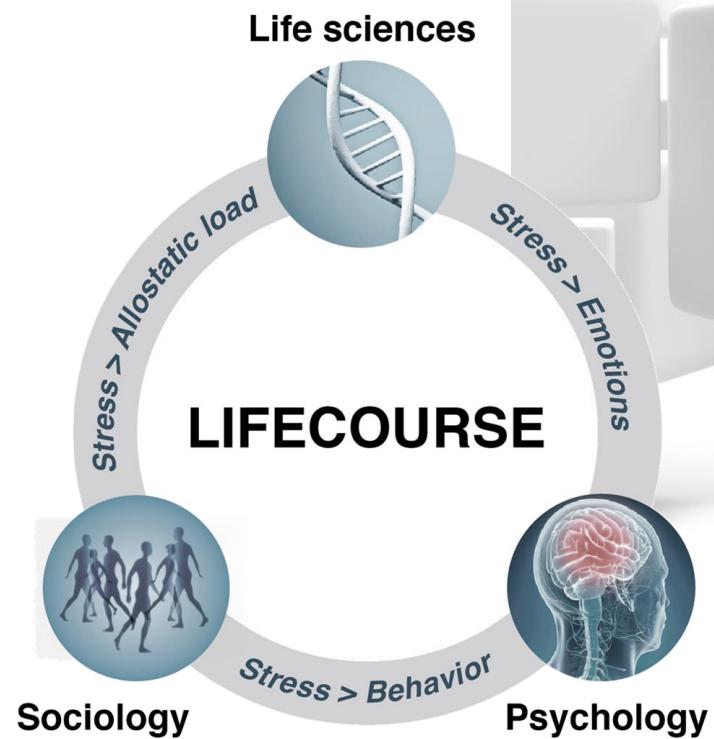
Electronic screen use and selected somatic symptoms in 10–12 year old children

Richard E. Tahtinen^{a, b}, Inga Dora Sigfusdottir^{a, b, c}, Asgeir R. Helgason^{b, d, e}, Álfgeir L. Kristjansson^{b, d, f},



[View issue TOC](#)
Volume 53, Issue 3
March 2012
Pages 304–312

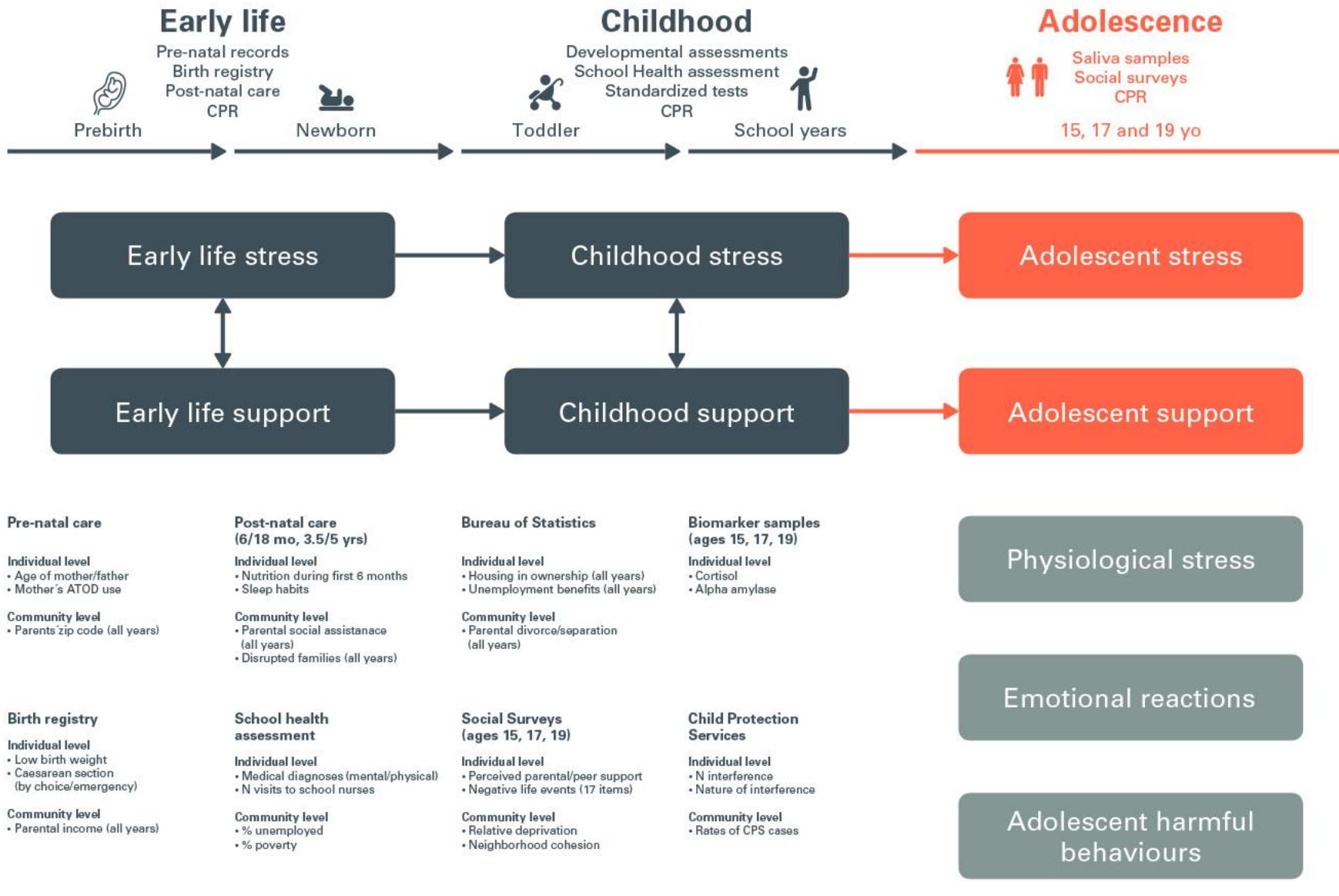
SAMTVINNA ÓLÍK FRÆÐASVIÐ



HVAÐ ER NÝTT

1. Hvort og hvernig streita hefur áhrif á allt í senn: Líffræðileg viðbrögð, andlega líðan og hegðun
2. Hvernig áhrifaþættir á mismunandi stigum tvinnast saman yfir tíma: nærsamfélagið, fjölskyldan, einstaklingurinn
3. Hvort unnt sé að koma í veg eða endurbæta neikvæð streituáhrif á líffræðileg viðbrögð, andlega líðan og hegðun.



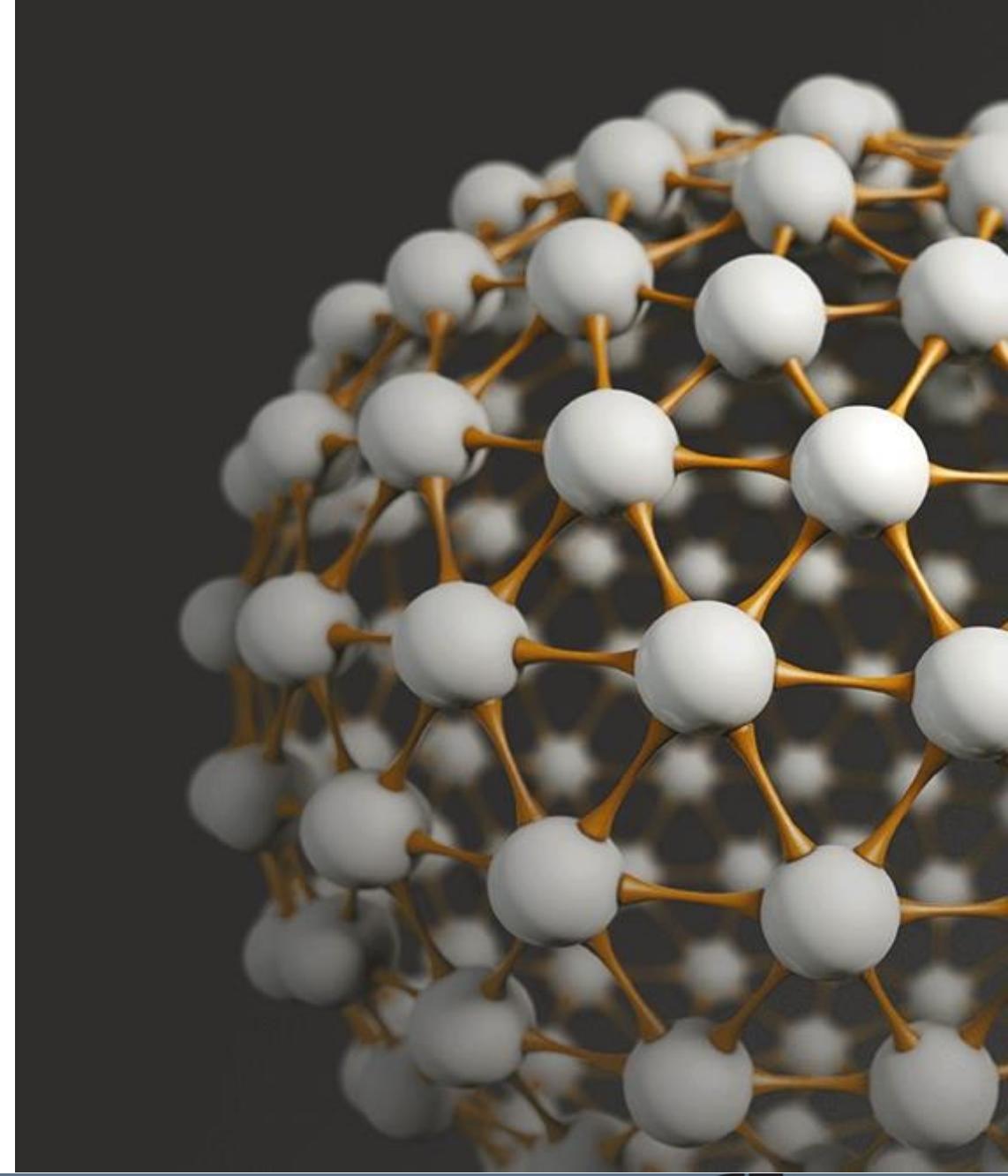


AF HVERJU NÚ EN EKKI FYRR?

- 1. Ný tækni:** Lífgögn og félagsvísindagögn
- 2. Nýjar tölfræðiaðferðir:** Hierarchical linear models
- 3. Ný sýn:** Samþætting sviða



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Lifecourse



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Cumulative risk over the early life course and its relation to academic achievement in childhood and early adolescence



Laufey Dís Ragnarsdóttir^a, Alfgeir L. Kristjánsson^{a,b,*}, Ingibjorg Eva Thorisdóttir^{a,c}, John P. Allegrante^{c,d,e},
Heiddis Valdimarsdóttir^{c,f}, Steinunn Gestsdóttir^g, Inga Dora Sigríðsdóttir^{a,c,d}

PERSPECTIVES

Stress and adolescent well-being: the need for an interdisciplinary framework

Inga Dora Sigríðsdóttir^{1,2,*}, Alfgeir Logi Kristjánsson³,
Thorolfur Thorlindsson⁴, and John P. Allegrante^{1,2,5}

Risk factors and academic achievement



Risk factors

- Prenatal information:
 - Smoking status during pregnancy
 - Mothers age
 - Number of children in the household
- School health information
 - Visits to school nurses
 - Emotional well-being in school
- Child maltreatment
 - 2+ reports in the child maltreatment database
- Statistical Bureau data
 - Income in the bottom 15th percentile
 - Marital status
 - Disability status

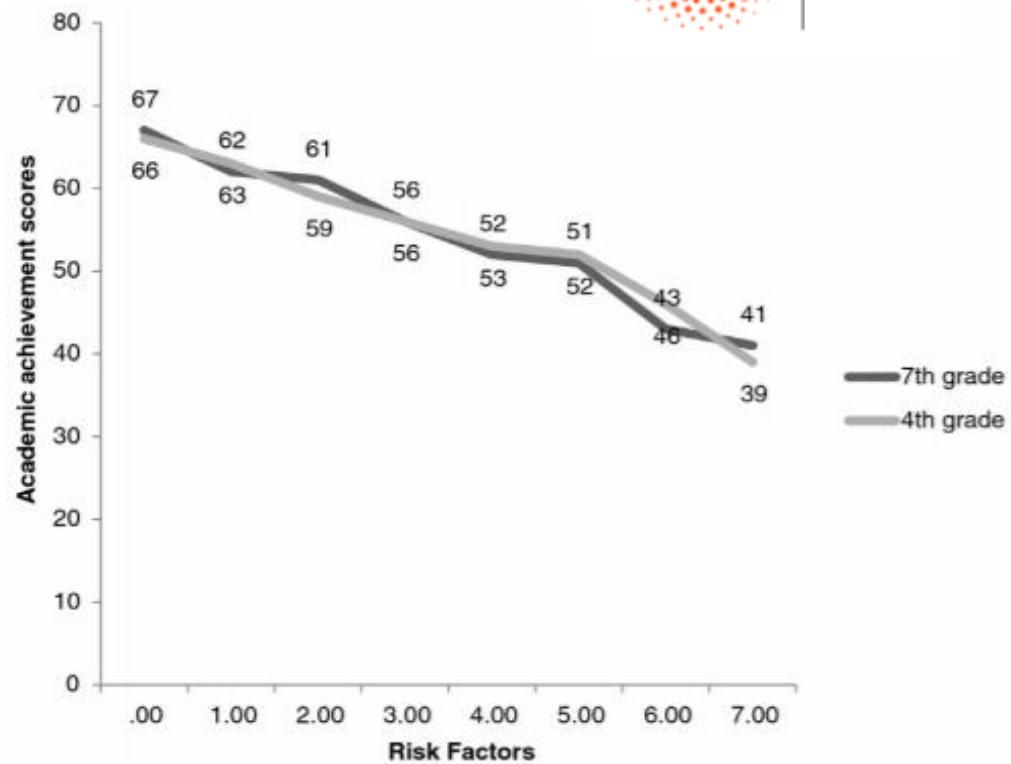


Fig. 1. Number of risk factors and academic achievement scores in 4th and 7th grade, LIFECOURSE study of children in Reykjavik, Iceland.

AFURÐIR VERKEFNISINS

- Mikilvæg þekking
- Nýtt rannsóknarsvið
- Grunnur að stefnumótun og starfi
- Aukin lífsgæði ungu fólki til handa





TAKK FYRIR